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## Re Create Your Life Transforming Yourself And Your World

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Beliefs formed early in life, such as I ' m not good enough, Relationships don ' t work, and I ' ll never get what I want in life have a significant impact on our behavior and feelings. One of the interventions, the Decision Maker ® Process, assists clients to realize that the belief is nothing

create Your Life: Transforming Yourself and Your World.

Re-Create Your Life details a method of unlearning the deepest causes of our problems - our limiting beliefs. When limiting beliefs are unlearned, people are able to make lasting changes to their emotions and behavior freeing them to live more fulfilling lives.

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