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Issa Specialist In Fitness Nutrition Final Exam Answers

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ISSA Final Exam for Personal Trainers The 160-question ISSA exam covers numerous topics that include general fitness, metabolism, nutrition, program development, health and physical fitness, kinesiology, biomechanics, anatomy, and physiology. The ISSA is an excellent route for those who need extra help in the test-taking department.

ISSA Review: Costs, Exam, Salary, How to Become a CPT & More

Your ISSA final exam is not the end; there is recertification required in months to come. How much does it cost to get ISSA certified? The ISSA Personal Trainer Certification course costs \$599 with interest-free payment plans available to those who enroll online. A guided study program is available for a full price of \$299.

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