

## Clinical Sports Nutrition Burke Deakin

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Professor Louise Burke talks about nutrition and supplements in sport

Sports Nutrition - Presented by Louise Burke

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Nutrition for Performance Theory and Effective Practice Guidelines Epi. #210: Too Much Protein Can Cause You To Get Fat/How Much Protein Is Recommended? Why are so few studies performed with female athletes?

Louise Burke International Society of Sports Nutrition Expert Q \u0026A Habit change! [and key concepts from The Power of Habit by Charles Duhigg]

What IS the difference between Gatorade and Powerade? [and who needs sports drink anyway?]~~SPORTS NUTRITION: FROM SCIENCE TO RECOMMENDATIONS SPONSORED BY GSSI: ANABOLISM, Phillips, S.~~

Anorexia Nervosa ~~Do You Need PROTEIN on Non-Workout Days?~~ Sports Nutrition for Athletes ~~AEROBIC vs ANAEROBIC DIFFERENCE IS-PM05 - High-carbohydrate or high-fat diets for optimizing training adaptation~~

~~and performance? Importance of Carbohydrates for Training | Nutrition for Athletes | Sports Nutrition Coaching~~ FAKE NEWS: 40 years of prevention through low fat dietary advice by Prof Iain Broom | PHC 2018

First Weeks at UTS

Nutrition is key to sports performanceJana Heitmeyer - University of Missouri - Sports Nutrition ~~WiSH Webinar \"Bespoke Sports Nutrition\"~~ Opening Remarks Day One by Dr Peter Bruncker | PHC Conference 2018 Top 3

tips for sports nutrition students? Louise Burke

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She has been appointed as a Visiting Professor of Sports Nutrition at Deakin University in Melbourne where she is involved in the development and delivery of undergraduate and postgraduate education in Sports Nutrition.

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Louise Burke PhD, BSc, Grad Dip Diet, FSMA, FACSM, OAM, APD. Head, AIS Sports Nutrition. Chair in Sports Nutrition, Mary MacKillop Institute for Health Research. Louise has been the Head of Sports Nutrition at the Australian Institute of Sport since 1990 and also holds a Chair in Sports Nutrition at Australian Catholic University.

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Sports Dietitian, Adjunct Associate Professor. Vicki Deakin is a former Head of Nutrition and Dietetics at the University of Canberra, where she initiated the undergraduate and postgraduate courses in Nutrition and Dietetics, and Sports Nutrition.

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She was appointed as the Dietitian to the Australia Olympic Team for the 1996, 2000 and 2004 Olympic Games, and is a Fellow of Sports Dietitians Australia. Vicki Deakin, MSc, BSc, Dip T, Grad Dip Nutr Diet, APD Vicki is a Senior Lecturer at the University of Canberra and convenes the undergraduate course in Human Nutrition and post graduate course in Sports Nutrition and Dietetics.

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Louise Burke PhD, BSc, Grad Dip Diet, FSMA, FACSM, OAM, APD. Head, AIS Sports Nutrition. Chair in Sports Nutrition, Mary MacKillop Institute for Health Research. Louise has been the Head of Sports Nutrition at the Australian Institute of Sport since 1990 and also holds a Chair in Sports Nutrition at Australian Catholic University.

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She is a member of the Population Health Research team at the GADI Research Centre and Sports Dietitian with the ACT Academy of Sport in Canberra. Her involvement with elite athletes dates back to her initiation of the nutrition services at the Australian Institute of Sport in 1985.

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In 2009 she received a Citation Award from the American College of Sports Medicine and Membership of the Order of Australia (OAM) from the Australian Government in recognition of her work in sports nutrition. Vicki Deakin is an Associate Professor and Head of Nutrition and Dietetics at the University of Canberra, where she initiated the undergraduate and postgraduate courses in Nutrition and Dietetics and Sports Nutrition.

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